

Bumpkins Nursery Menu- April 2019



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water
Lunch	Beef Spaghetti Bolognese Peaches and Apricots	Fish in Leek Sauce Pie with Seasonal Vegetables Pineapple and Melon	Chicken Tikka and Rice Seasonal Fruit Salad	Sausages in Gravy, new Potatoes and Seasonal Vegetables Rice Pudding and Blackberry Puree	Roast Turkey with Roast Potatoes and Seasonal Vegetables Semolina and Jam
Mid-afternoon snack	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk
Tea	Beans on Toast with Cucumber & Tomato Wedges Raisin Cake	Lamb and Mint Kofta in Tomato Sauce with Pitta Bread Strawberries and Ice Cream	Ham Carbonara with Peas Apple Pie and Custard	Bean and Vegetable Wholemeal Bake Fromage Frais	Picnic Tea- Cheese Spread Sandwiches with Carrot, Pepper Sticks and Egg Wedges Banana and Custard

Note: Fresh drinking water must be available and accessible at all times.

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water
Lunch	Toad in the hole, New Potatoes and Seasonal Vegetables Melon and Blueberries	Beef Chili and Rice Eve's Pudding	Roast Lamb with Roast Potatoes and Seasonal Vegetables Banana Loaf	Turkey pie with Sweet Potato mash and Seasonal Vegetables Seasonal Fruit Salad	Beef and Vegetable Lasagne with Garlic Bread Fromage Frais
Mid-afternoon snack	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk
Tea	Chicken and Vegetable Pasta Bake Seasonal Fruit Crumble with Cream	Toasted Savoury Crispbread with Cucumber and Pepper Sticks Fruit Jelly	Billy can Bean's with Pasta Rice Pudding and Jam	Salmon and Pea Risotto Apple Slices with Cheese Sticks	Crustless Quiche with Coleslaw Bread and Butter Pudding with Ice Cream

Note: Fresh drinking water must be available and accessible at all times.

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water	A choice of Cereals, Wholemeal Toast and Fresh Fruit Water
Lunch	Minted Lamb with New Potatoes and Seasonal Vegetables Banana Slices	Vegetable and Lentil Curry with Rice Eton Mess	Cottage Pie with Seasonal Vegetables Dried Fruit Flapjack	BBQ Chicken with Noodles Seasonal Fruit Salad	Sausage Pie with Baked Beans Peach Fool Ripple
Mid-afternoon snack	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk	Choice from a selection of Rice Cake, Cracker, Fruit, Bread Stick. Water and Milk
Tea	Jacket Potatoes with Tuna, Sweetcorn and Cheese Chocolate Pear Pudding	Pork Hotpot Raspberry Cookies	Picnic Tea- Filled Rolls with Cheese and Cucumber Fromage Frais	Spaghetti on Toast Apple Slices and Raisins	Fresh Fish Fingers with Homemade Ketchup and Wholegrain Bread and Butter Triangles Orange and Ginger Sponge

Note: Fresh drinking water must be available and accessible at all times