

## Bumpkins Menus – Spring

### Week 1

	Breakfast	Snack	Lunch	Snack	Tea
Monday	The children are offered a selection of cereals, toast, fruit, fruit juice, milk and water.	The children are offered fresh or dried fruit, milk and water.	Sausages In Gravy, New Potatoes, & Sweetcorn	Choice from a selection of plain biscuits, such as rice cake, rusk, rich tea, malted milk, cheddar, cracker.	Cauliflower & Broccoli Cheese
Dry fruit			Semolina & Mixed Berries		Blueberry Muffins
Tuesday			BBQ Chicken & Rice		Beans On Toast
Banana			Fruit Salad – Melon, Pineapple, Grapes		Yoghurt
Wednesday			Savoury Turkey, Roast Potatoes, Yorkshire Pudding & Peas		Bacon Carbonara, Green Beans & Sweetcorn
Melon			Rice Pudding with Raspberry Compote		Peaches & Apricots
Thursday			Fish & Leek Pie & Mixed Vegetables		Beef Bolognese & Garlic Bread
Apple	Ginger & Orange Sponge	Jelly			
Friday	Minted Lamb, Garlic Potatoes & Green Beans	Cheese Pizza, Potato Salad & Salad			
Pear	Fresh Apples with Raisins & Custard	Ice Cream & Mango Coulis			

### Week 2

	Breakfast	Snack	Lunch	Snack	Tea
Monday	The children are offered a selection of cereals, toast, fruit, fruit juice, milk and water.	The children are offered fresh or dried fruit, milk and water.	Fish In Parsley Sauce, New Potatoes & Peas	Choice from a selection of plain biscuits, such as rice cake, rusk, rich tea, malted milk, cheddar, cracker.	Pork Hot Pot
Melon			Banana Split		Eves Pudding
Tuesday			Savoury Lamb, Roast Potatoes, Yorkshire Pudding & Sweetcorn		Ratatouille
Dry fruit			Fresh Fruit Salad – Melon, Mandarin, Banana		Jelly
Wednesday			Cottage Pie & Mixed Vegetables		Beans On Toast
Pear			Semolina & Mixed Berries		Banana Cake
Thursday			Chicken Tikka & Rice		Sandwiches: Egg, Cheese Spread, Ham Salad Sticks, Potato Salad & Cheese Cubes
Banana	Mango Trifle	Peaches & Apricots			
Friday	Sausage Pie, New Potatoes & Green Beans	Roasted Vegetable Lasagne & Garlic Bread			
Apple	Fresh Pear & Custard	Fromage Frais			

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### Week 3

	Breakfast	Snack	Lunch	Snack	Tea
Monday	The children are offered a selection of cereals, toast, fruit, fruit juice, milk and water.	The children are offered fresh or dried fruit, milk and water.	Sweet & Sour Chicken With Rice	Choice from a selection of plain biscuits, such as rice cake, rusk, rich tea, malted milk, cheddar, cracker.	Macaroni Cheese With Mixed Vegetables
Banana			Fromage Frais		Peaches & Apricots
Tuesday			Turkey Pie, New Potatoes & Peas		Sandwiches: Cheese Spread, Egg Ham Salad Sticks, Cheese Cubes
Apple			Fruit Salad – Melon, Mango, Mandarins		Dried Fruit Flapjack
Wednesday			Fish Pie With Cheese & Broccoli Sauce & Sweetcorn		Vegetable Bolognese & Garlic Bread
Dry fruit			Jelly		Semolina With Mixed Berries
Thursday	Beef Chilli & Rice	Beans On Toast			
Pear	Carrot Cake	Apple & Pear Crumble With Ice Cream			
Friday	Toad in The Hole, New Potatoes & Green Beans	Cheesy Potato Bake & Mixed Vegetables			
Melon	Rice Pudding & Raspberry Compote	Scones			

### Week 4

	Breakfast	Snack	Lunch	Snack	Tea
Monday	The children are offered a selection of cereals, toast, fruit, fruit juice, milk and water.	The children are offered fresh or dried fruit, milk and water.	Tuna Pasta With Sweetcorn	Choice from a selection of plain biscuits, such as rice cake, rusk, rich tea, malted milk, cheddar, cracker.	Beans On Toast
Apple			Fresh Fruit Salad – Melon, Banana, Grapes		Raisin Cake
Tuesday			Beef & Vegetable Lasagne & Garlic Bread		Cheese Potato Bake & Mixed Vegetables
Pear			Mango Trifle		Fresh Apples with Raisins & Custard
Wednesday			Pork Tikka With Rice		Macaroni Cheese With Green Beans
Banana			Fromage Frais		Mixed Berry Crumble & Ice Cream
Thursday			Lamb Shepherd's Pie With Mixed Vegetables		Vegetable Chilli & Rice
Melon	Banana Custard	Peaches & Apricots			
Friday	Chicken & Bacon Pie, New Potatoes & Peas	Sandwiches: Egg, Cheese Spread, Ham Cheese Cubes, Ham & Salad Sticks			
Dry fruit	Chocolate Pear Cake	Jelly			